

# Health Policy

Any child displaying symptoms of sickness and diarrhoea will be required to keep their child away from nursery, 48 hours after the end of symptoms; this is to protect us all from multiple sickness cases.

If a child is found to be suffering from any acute signs or symptoms of illness during their session with us, Highdale Day Nursery reserve the right to ask that they be collected as soon as possible, and not return until symptoms have gone.

Any fresh cuts and sores on the children or staff must be covered to prevent infection.

Children's medical and dietary requirements will be displayed on the fridge door and the classroom information list is located in the office on the cupboard door, so that all staff can be fully aware of individual needs while information is kept confidential.

Accidents that take place at nursery will be recorded in detail on individual sheets and signed by parents. These forms are kept in the accident file on the yellow shelf.

Snack times consist of water/ milk and fruit, ensuring the children are getting nutritional snacks on a daily basis.

All meals are carefully balanced for the children's tastes, as well as attempting to bring in foods from other cultures, and incorporating a healthy nutritional balance.